

# **Rebelle Team Covenants**

## **Believe**

I will believe in my coaches and the training they provide. I will believe in my team and in their abilities. I will believe in myself and that I have done the preparation it takes to win. I will dig deep and push myself even when I feel I have nothing left to give because I believe.

## **Fearless**

I will bring my intensity and passion with me to the gym. I will not be afraid to push myself, make mistakes, and fail while striving to improve. I will be fearless and NEVER GIVE UP no matter the challenge!

## **Respect**

I will be respectful towards EVERYONE.

I will come on time and prepared. I will make the team my priority. I will show willingness to perform to my fullest potential in school, practice, and games. I will show trust in my coaches and team. I will support and defend my team on and off the court. I will communicate within the team to prevent conflict and resolve any differences. I will be the first to praise others and the last to take credit.

I will respect myself, take responsibility for my actions, and be accepting of others.

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