## WYMARK School Newsletter

 WYMARK SCHOOL PH: 718-9295 FAX: 778-9103"THE MARK OF EXCELLENCE"

## MAY 3RD—

Grade 4 Band Instrument Testing:

Our band teacher Mrs. Switzer will let prospective band students try the different instruments. She will also send home registration forms \& more information regarding band on the 3rd as well. Grade 4 students always enjoy this opportunity!

## May 4Th-

## SCC Math Trails/Scavenger Hunt:

Students will participate in a math scavenger hunt inside and outside of the school in their house teams from 12:30pm-1:55pm.
Student will receive a special snack following the completion of the scavenger hunt. Thank you SCC members for putting this scavenger hunt on for us.

## May 8th- <br> Hamburger Sale:

The students and staff love eating over at the rink an it's a great way to connect to our community.
We do need parent assistance in order for the hamburger sales to continue. Without enough assistance we will have to cancel the May food sale. If you are interested in volunteering for the May hamburger sale please contact the office before May 4th. Volunteer times are from 10:00am-1:30pm. Thank you!
Hamburger sale forms will be emailed out on May 1st and will be due on May 4th.
Family \& community members are welcome to attend and will be served after students. Family \& community members please fill out the google form to ensure there is enough food prepared. Those that have filled out a google order form will be served before walk-in orders.

Pick up orders are welcome from
12:30pm-1:00pm. Please specify your pick up time on the google form.

Single Burger \& Fries (Full Meal): \$7.00 Half a Burger \& Fries (1/2 Meal): $\$ 6.00$
Extra Patty \& Fries Meal: $\$ 8.00$
Burger Only Meal: \$5.00
Fries Only Meal: \$5.00
*all meals come with a drink and optional cheese on burger \& gravy on fries.

## May 12th- <br> Hawailan Dress Up Day

## May 15th-18th-

## SaskMilk Information Week:

From May 15th-18, each day we will be sharing important milk facts on the morning announcements. We will conclude the week with a draw for prizes donated from
SaskMilk. All students names will be entered in the draw.

May 22nd-
No School-Victoria Day

## May Spirit Days

May 12 th -Hawailan Day May 25th-School Colours Day

Brought to you by Mr. Regier
Virtue of the month is
"Thankfulness"

# WYMARK School Newsletter 

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"THE MARK OF EXCELLENCE"

May 25Th—

## School Colours Spirit Day

## May 25th—

## Subway Sale:

Forms will be emailed out on May 15th and are due along with payment on May 18th. Food sale is on May 25th.

## May 30th-

## SCC Annual General Meeting:

There will be the annual general meeting of the School Community Council for Wymark School On May 30th at 7pm @ Wymark School. The meeting will report on the activities of the council for the past year and to elect new members. Nomination forms are available from the school or at the meeting. All parents, students and community members are welcome. Potluck supper will be provided.

## May 31st-

All Band Tour

## Subway Cookies For Sam Fundraiser:

We are excited to announce that our Subway Cookies Fundraiser for the Peters Family was a success! A special presentation will be made to the Peters family in the near future.

## SCC Reading Contest Winners:

The winning grade of the pizza party is Grade 1. Congratulations Grade 1.

Winners of the random draws for a $\$ 10$ gift certificate from Sputtergotch are as follows:

Grade 1 - Marcus G.

Grade 2 - Charlotte A.
Grade 3/4-Zee W.
Grade 5/6-Carlos H.
Grade 7/8 - Emery B.
Thank you to our SCC for putting on the reading contest and for the prizes!!

## Gardening Club

Students in Grades 3-8 have the opportunity to sign up for the Gardening Club. Students will take care of the flower beds, planters and trees in the playground.

Sign up before or at our first meeting, Thursday, May 4th at $1: 55$ pm.

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# WYMARK School Newsletter 

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## How Much Screen Time is Too Much?

-submitted by our Chinook School Division Counselors
"Mom, I'm literally the only one in my class who doesn't have my own phone!" my 10-year-old daughter announced a few months ago.

Hearing that your kid feels left out is always a punch in the gut. Yet, my gut was also sensing a Catch-22. Give her a phone, and she'll have access to things she may not be ready for. Don't give her one, and she may feel left out both on and offline.

As I was pondering this conundrum, I started wondering some other things:
-How much screen time is too much?
-What does the latest research say about devices and mental health?
-Are social skills affected when kids are on screens too much?
-Are certain video games bad for kids?
-How do you handle screen time battles?
-How do I keep my kids safe online? What are the real dangers?
-The list went on...

So, I bought a book on the subject, then another, and... well, about 20 books later, I was even more curious. I started talking to parents and educators in this community and realized my questions were pretty common. Consequently, I contacted those authors and experts at the forefront of technology, psychology, and mental health to interview them about raising kids in the digital age.

The result? 20 mind-blowing interviews showcasing the latest research and practical ideas on raising kids in the digital age. I can't wait for you to hear these experts, such as Dr. Devorah Heitner, who wrote Screenwise, or Dr. Delaney Ruston, the filmmaker and physician behind Screenagers.

Every single one of these interviews is eye-opening, and you can watch all of them as our gift during The Reconnected Kids Summit taking place online May 10-12, 2023.

Register for The Reconnected Kids Summit by visiting https://gozen.com/reconnectedkidssummit/

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| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|  | Hamburger Sale Forms Emaied Out | 2 KIN Day I | 3 Day 2 GRADE 4 BAND INSTRUMENT TESTING | Day 3 <br> Hambuger Sale Forms \& Payment Due <br> SCC MATH Trails/ Scavenger Hunt | $5 \quad$ Day 4 | 6 <br> BADMINTON SWAC DISTRICTS Foxvalley/ LEADER |
| 7 | Day 5 <br> Hamburger SALE <br> Senior Band TOUR | Day 6 <br> Gardening Club STARTS <br> No Band | IO KIN Day I <br> Junior Band TOUR <br> Health Nurse Presentations K-6 | 11 Day 2 | $12 \text { KIN Day } 3$ <br> Hawailan Dress Up Day | 13 |
| 14 | 15 <br> Day 4 <br> Subway Forms Emailed Out <br> SASKMilk Contest | $\qquad$ <br> No BAND | $17$ <br> Day 6 | $\begin{gathered} 18 \text { KIN Day I } \\ \text { No FULL BAND } \\ \text { Subway Forms \& } \\ \text { Payment Due } \end{gathered}$ | 19 Day 2 | 20 |
| 21 | $22$ <br> No SCHOOL | 23 KIN Day 3 <br> BAND | TRACK \& FIELD SWAC Distiricts @ SCCHS | 25 KIN Day 5 <br> School Colours Dress Up Day <br> Subway SALE | 26 Day 6 | 27 |
| 28 | 29 KIN Day I | Day 2 <br> SCC AGM Potluck @ 7PM BAND | $\text { 3I KIN Day } 3$ <br> All Band Tour |  |  |  |

## Upcoming Dates:

June 1st—Prairie West Band Concert 7pm June 2nd-SCC Year End BBQ \& Activities June 6th-K-6 Track \& Field Day June 12th—Dental Visit-K, 1 \& 2

June 15th—Grade 8 Farewell
June 21st-23rd—Grade 7/8 Outdoor Ed Trip to Cypress June 26th—Last Day of School for Kindergarten June 27th—Last Day of School for Gr 1-8 June 28th—Report Cards Emailed Out

