|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Elementary | Inst. | Break | High School | Inst. | Break |
| 8:45 – 10:15 | 90 |  | 8:45-8:51 |  | 6 |
| 10:15 – 10:33 |  | 18 | 8:51-9:51 | 60 |  |
| 10:33-12:03 | 90 |  | 9:51-9:57 |  | 6 |
| 12:03-12:43 Lunch |  |  | 9:57-10:57 | 60 |  |
| 12:43-12:53 | 10 |  | 10:57-11:03 |  | 6 |
| 12:53-2:03 | 70 |  | 11:03-12:03 | 60 |  |
| 2:03-2:15 |  | 12 | 12:03-12:43 Lunch |  |  |
| 2:15 – 3:05 | 50 |  | 12:43-12:53 | 10 |  |
|  |  |  | 12:53-12:59 |  | 6 |
|  |  |  | 12:59-1:59 | 60 |  |
|  |  |  | 1:59-2:05 |  | 6 |
|  |  |  | 2:05-3:05 | 60 |  |
| Total | 310 | 30 | Total | 310 | 30 |

**Instructional Day 2013-2014  
Val Marie School**