

# ADMINISTRATION MESSAGE

It is hard to believe that we are entering the final two months of school!

We had a busy end to April as our K-5 students enjoyed their first field trip in over two years at Discover the Farm! The Middle Years students had the privilege of listening to Robb Nash and Keith Hawkins at the virtual Middle Years Youth Conference. A special thank you to the Kiwanis group and Elden Moberg for all of his work organizing the event for our students. It is exciting to see opportunities like these brought back.

We are excited about upcoming field trips, track and field, play days, and learning celebrations. Stay tuned for more information on these celebrations.

We are enjoying the warmer weather and would like to send a reminder on our school dress code. Please refer to the dress code slide for more information.

Have a great month!

Mrs. Tsougrianis and Miss Gillanders





# Important Dates



**May 3** - Fire Drill

**May 6** - NHL/Sports Spirit Day

**May 7** - Home Alone Course

**May 11** - Growing Smiles Order Pick-up Day

**May 13** - Edo Japan Meal Day

**May 13** - Music Spirit Day: dress as your favourite rock/country star, etc.


**May 17** - Fire Drill

**May 18** - Kindergarten Year End Field Trip  
[Mrs Dyck's Class]

**May 19** - Kindergarten Year End Field Trip  
[Mrs McWillie's class]

**May 19** - Grade 8 Immunizations

**May 23** - Victoria Day [No School]



**May 26 & 27** - **Grade 6** Band Trip to  
Westbank Bible Camp

**May 31 & June 1** - **Grade 7 & 8** Band trip to  
Lethbridge

**May 31** - Tye-dye Dress Up Spirit Day

**June 9** - Track & Field Day [Grades 4-8]

**June 13** - Alternate Track & Field Day [if necessary]

**June 17** - Kindergarten Orientation

**June 24** - Year End Swimming [Grades 2-5]

**June 27** - Year End Swimming [Grades 6 & 7]

**June 27** - Grades 1-3 Play Day [morning only]

**June 28** - Year End Swimming [Grade 8]

**June 28** - Last day of school for students!

**June 28** - Retirement Assembly [afternoon]

**June 29** - Report Cards Published

**June 29** - Admin Day [No School for Students]

**June 30** - Admin Day [No School for Students]

# May Meal Day

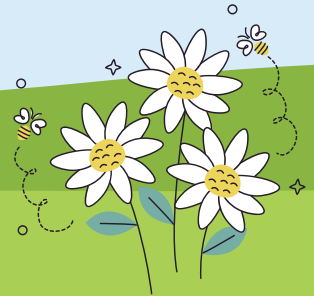


We will be offering **Edo Japan** meal day on **Friday May 13th!**

Please complete the MEAL DAY order form (will be sent home on Monday **May 2nd**) and **return to school by Friday May 6th.**

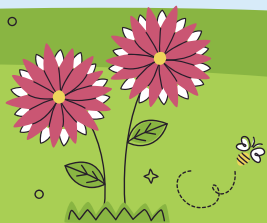
Due to the preparation requirements, **no late orders will be accepted.**

O.M. Irwin cannot guarantee that any of the products offered are safe to consume for people with peanut, tree nut, soy, milk, egg or wheat allergies.





# MENTAL HEALTH MATTERS



## Spring Self-Care Challenge

<b>Day 1</b> Make a goal to finish by summer	<b>Day 2</b> Create a playlist of upbeat music	<b>Day 3</b> Channel your inner Snow White	<b>Day 4</b> Get physical outside	<b>Day 5</b> Buy new spring clothing
<b>Day 6</b> Air out your living space Let sun in	<b>Day 7</b> Pick flowers and then press them	<b>Day 8</b> Make friends with your body	<b>Day 9</b> Find a spring-theme meditation	<b>Day 10</b> Go easier on yourself
<b>Day 11</b> Go out for dessert and eat outside	<b>Day 12</b> Clean up your digital device storage	<b>Day 13</b> Make a seed bomb	<b>Day 14</b> Try something new-to-you	<b>Day 15</b> Put on music and sit outside
<b>Day 16</b> Simplify your schedule	<b>Day 17</b> Read something light & fun	<b>Day 18</b> Visit a Farmer's Market	<b>Day 19</b> Take a nap in the sunshine	<b>Day 20</b> Do some spring cleaning
<b>Day 21</b> Make a fruit or veggie dish	<b>Day 22</b> Go on a nature walk	<b>Day 23</b> Connect with Spring Goddesses	<b>Day 24</b> Create an outdoor space	<b>Day 25</b> Get a new houseplant
<b>Day 26</b> Change the energy of your home	<b>Day 27</b> Find a new outside hobby	<b>Day 28</b> Put on nature sounds and relax	<b>Day 29</b> Go camping or hiking	<b>Day 30</b> Light a campfire & hang out

BlessingManifesting.com



# School Reminders



The front doors of the school will remain open. If a student is arriving late, please ask them to stop by the office and check in before heading to class.

If dropping something off for a student, you can place the item on the cart at the front doors and call the school to let us know it is there, or come in and bring it to the office. Either way, we will make sure your child gets it!

Please DO NOT drop off students in the staff parking area on the west side of the school! To ensure your child's safety, we ask that you use George Street for all drop-offs and pick-ups.

Irwin School is on Facebook! Please visit our school's Facebook page for all the exciting things happening in and around our school, and to check out upcoming events.

<https://facebook.com/omirwin/>

The Irwin Ice Hut Store has re-opened and is available for kids in Grades 5-8! It will be open during the morning break on Days 1, 3, & 5 for students in Grades 5 & 6 and on Days 2, 4 & 6 for Grade 7 & 8 students!

With the weather changing, please consider sending extra clothing with your child to change into in case their clothes get wet during recess.



Cypress Advanced Services Ltd.



# HOME ALONE COURSE

May 7, 2022

## HOME ALONE COURSE TIME:

Morning - 9:30am to 12:00pm OR

Afternoon - 1:00pm to 3:30pm

## WHAT TO BRING WITH:

Snacks, drinks (no Peanut products), MASK

For children 9 years or older.

Email to request a Registration Form or  
Register online.

REGISTRATION FEE: \$35.00



Classroom: 616 Cheadle St W

Cell: 306-774-4885

Email: [cypressafas@gmail.com](mailto:cypressafas@gmail.com)

Website: [www.cypressafas.ca](http://www.cypressafas.ca)

Jan Loeppky-Mackay & Jason Loeppky



# NHL PLAYOFF DRAFT

Hello! It is that time of year again...NHL playoffs!

We will have our annual playoff draft this year again. Staff and students will pick 10 players and 1 teams goalies who they feel will get the most points in the playoffs. One point each for goals and assists, 3 for wins and 5 for shutouts. Invitations were sent out to staff and students who have entered before. If you are new to the draft, click on the link below to create an account and enter your team!

## [2022 NHL Draft Entry](#)

### A few hints for the students:

- when they register, please have them use their real name. It is hard to figure out who people are when they use things like coolguy45 as a username.
- make sure the players they are picking are actually in the playoffs!
- they have to enter an email, they can use their Chinook one or one they have already.
- only one team per student, any extra teams will be deleted.

Let's try to have as many teams as possible!

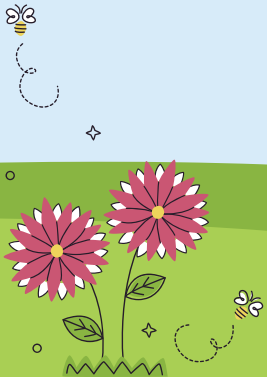
The playoffs begin on Monday May 2 at 6:00.

The entry will shut down then.

The prizes are a \$30, \$20 and a \$10 gift card from Sport Chek for 1st, 2<sup>nd</sup>, and 3rd.

Please contact me if you have any questions.

Chris Grainger  
Grade 7 Math and Science  
O.M. Irwin School



# Dress Code

With the warmer weather upon us, we would like to remind students, parents, and guardians of our school dress code.



- Clothing such as strapless tops, crop tops, or shirts with low necklines (showing midriff, chest, or bare back) is not appropriate for school wear.
- Short shorts/skirts/dresses and revealing ripped jeans are not permitted unless tights/spandex are worn underneath them that meet the dress code requirement for length.
- As a general guideline, the appropriate length for students' shorts and skirts is mid thigh.

Enjoy the warm weather!





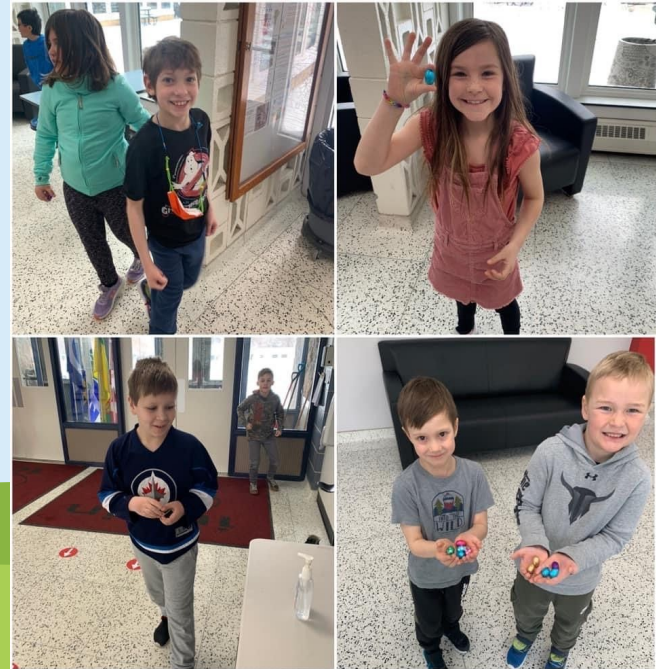
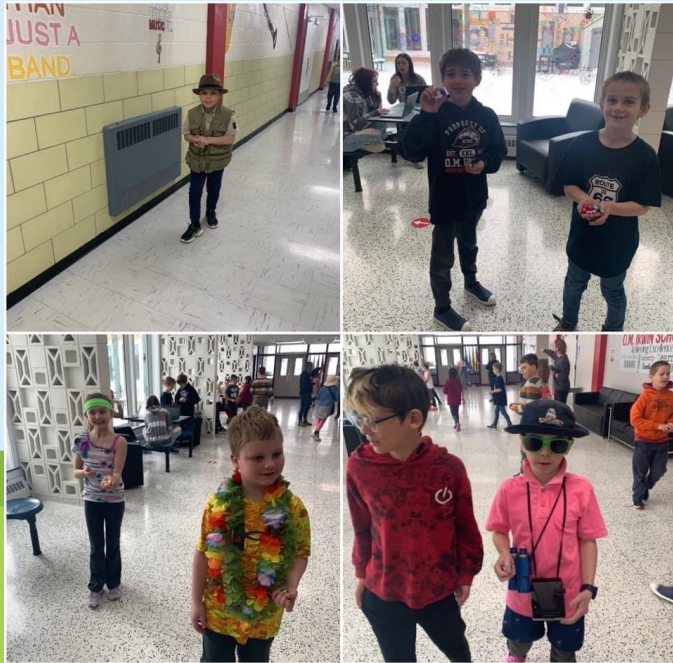


# EASTER EGG HUNT

We had an EGGcellent day on Thursday, April 14th.

Our K-4 students enjoyed an egg hunt Thursday morning  
and our 5-8 students went on a scavenger hunt!

We had such a great day!



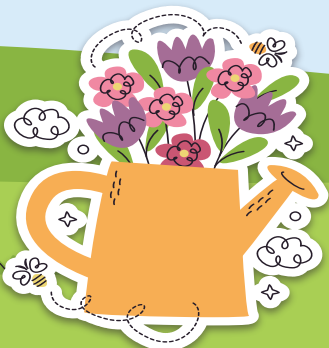
# Message From Michele

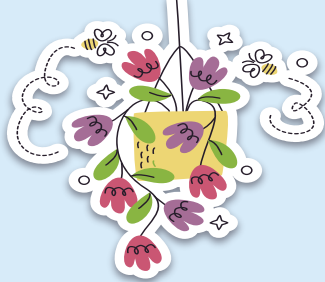


TATTLING	TELLING / REPORTING
<ul style="list-style-type: none"><li>• The goal is to get someone in trouble.</li></ul>	<ul style="list-style-type: none"><li>• The goal is to help someone.</li></ul>
<ul style="list-style-type: none"><li>• Kids can resolve conflict without an adult</li></ul>	<ul style="list-style-type: none"><li>• Kids need adult help to resolve conflict.</li></ul>
<ul style="list-style-type: none"><li>• Behaviour is harmless. No one is hurt or in danger.</li></ul>	<ul style="list-style-type: none"><li>• Behaviour is dangerous to someone or something.</li></ul>
<ul style="list-style-type: none"><li>• The kid who is tattling may have something to gain: attention, desire to control something.</li></ul>	<ul style="list-style-type: none"><li>• The kids who are telling have tried to solve the problem and it has not stopped.</li></ul>

## HOW TO SOLVE A PROBLEM:

1. Take a few deep breaths to calm down. *Breathe in while counting to three, hold for three, and breathe out for three.*
2. What is the problem?
3. Think of some possible solutions.
4. Pick a solution and think about it: What would happen if I solve the problem this way? .... Would it be safe? ..... Would it be fair? .... How would everyone feel?
5. Decide on a solution and give it a try



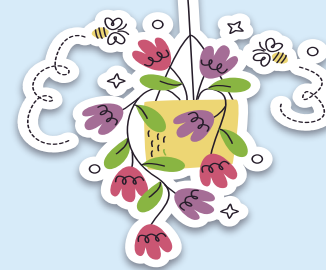


## May Spirit Days

Friday May 6 - NHL/Sports Spirit Day

Friday May 13 - Music Day - dress as your favourite musician and show us your inner rock star, country star, etc.

Tuesday May 31 - Tie-Dye dress up!



## Irwin Ice Hut Update

The Ice Hut will no longer be traveling from room to room and is back in its original location in the Store.

Classes will now need to come down to the Ice Hut **during the morning break** to purchase their goodies.

We also have a new schedule for the Ice Hut:  
**Days 1, 3, and 5 - Grade 5s and 6s only.**

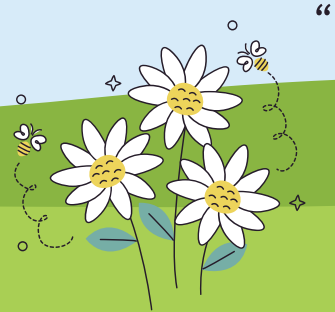
**Days 2, 4, and 6 - Grade 7s and 8s only.**





# In Motion Commotion

Did you know that 65% of Saskatchewan parents with 5-17 year olds report that parks and playgrounds are within half a kilometre of their home? And this is definitely true for Swift Current! We have 20 parks and playgrounds as well as tennis courts, a skateboard park, soccer fields, a disc golf course, beach volleyball courts, and basketball courts. We are also so fortunate to have over 20 kilometres of Chinook Parkway alongside the Swift Current Creek. There are so many fun spring activities to participate in, so stay active and have fun! City of Swift Current Community Services – Promoting Healthy Lifestyles in Our Community! For more information, contact us at (306)778-2787 or visit [swiftcurrent.ca/play](http://swiftcurrent.ca/play)





# Procedures For Visiting Our School



- **Chinook schools are mask friendly for all parents/caregivers, and other visitors.**
- **We will continue to maintain a log of all visitors to our school, including parents, and visitors. Please sign in at the office and come in through the front doors.**
- **We ask that you continue to call ahead and book an appointment if you wish to speak to the classroom teacher or administration.**
- **Self-screening applies to all parents/caregivers or visitors. Individuals with any COVID-19 symptoms should not enter the school.**
- **Our front doors will remain unlocked during the school day. Our side doors will remain locked for student safety.**
- **If you are dropping off your child during the day or picking them up, you are welcome to call the school or enter through the front doors.**
- **We will leave our mail cart outside of the school for those who wish to continue dropping off and picking up items at/from the school.**



Have a  
wonderful  
spring!

