Zones of Regulation – Middle and High School

questions

teachers

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Staying on task

Respectful behaviour

towards classmates and

You are contributing to a safe	Cautionary – creating problems	Harmful behavior towards self
and successful learning	for self or others in the	or others, heavily impacting
environment for all students	learning environment	learning environment
<ul><li>Working in class</li><li>Raising hand for</li></ul>	<ul><li>Blurting</li><li>Disrupting the class and</li></ul>	• 3-5 conversations in yellow

others working

seeking attention from

• Being off task repeatedly

during work time

conversations

talking

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• Talking while teacher is

Inappropriate language or

- Yelling or Swearing at someone
- Bullying
- Cheating
- Destroying property
- Threatening harm
- Physical altercations
- Using sexual words or gestures

Students are in a learning environment where all students	Any combination of the following can be used to help student get back on	
can be successful	track:	Student sent to admin and Ladder consequences
	Discussion with teacher	started
	-5 minute removal	
	-Reminder of the zones and	
	consequences to ensure proper learning environment for all	
	-Walk to self-regulate	
	-Bathroom/drink break	

No student has the right to negatively impact the learning environment for other students